Heather’s Highlights

Dear Readers,

Hope you are enjoying your Summer! This time of year allows for the NQCC and its partners to take a look at all we have accomplished over the last year, and plan for what’s on the horizon. As we celebrated our 35th year, we were able to recognize some truly outstanding individuals, share stories of our collaborative successes, and celebrate!

Since becoming Executive Director, we have been using theme-based décor to tie in our mission. We have featured the Monopoly Man and Social Capital, Steampunk gears working together in style, Star Treks mission to go where no coalition has gone before, and of course last year’s Harry Potter and NQCC’s School of Wizardry. I must admit this year’s theme and tie in were my favorite—Batman! One does not need superpowers to truly be a superhero. NQCC has often worked behind the scenes in the shadows to deliver the justice and advocacy this region needs. Our superpowers (much like those of The Dark Knight) include resourcefulness, community collaboration, direct communication, sharp intellect, and a reliance on the region’s genuine spirit of comradery.

This year’s award recipients included James Meehan receiving the Barbara Corey Award, Chief Dana Cooley receiving The Salute to Service, and many Bridge Builders: Chief James Sullivan and Brenda Anderson from Orange Police Department, the team of the Children’s Advocacy Center, and Carol Root. Youth Leaders Camden Mosher and Elise Taylor were also honored this year!

Summer also means that plans for one of our biggest events are in full swing. Our 9th Annual National Night Out will be held on August 6 from 6:00 to 8:00 pm in Petersham, Orange, and Athol. This event is sponsored by our P.A.R.T. Task Force and supported by local public safety organizations throughout the North Quabbin! Many thanks to the volunteers, co-chairs, and our Police partners for helping make this year awesome. Hope to see you all there! More information can be found on our Facebook page or at www.nqcc.org, please share the flyer widely!

Thank you for all that you do,

Heather Bialecki-Canning
Executive Director
Board of Directors

Sandi Walters, President
Clinical Support Options

Sharon Tracy, Vice President
Quabbin Mediation

Steve Raymond, Treasurer
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Rebecca Bialecki
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LifePath

Lt. Melissa Lowell
Salvation Army Corp of Athol

Chief Craig Lundgren
Orange Police Department

Pat Moore
Community Representative

Jeanette Robichaud
Community Representative

Charlie Winters
Community Representative

Staff

Heather Bialecki-Canning
Executive Director

Amanda Mankowsky
Youth & Family Engagement Coordinator

Sarah Collins
Drug Free Communities Coordinator

Katrina Burton
Project Assistant

Our FY20 Donor/Members

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Lisa Kuenzel
Joyce L’Heureux
Opioid Task Force
Pioneer Junior Women’s Club
David Runyan
Jesse Sawin
SMallet Photography
Brent Walker

Thank You
North Quabbin Community Coalition’s
P.A.R.T. Task Force Presents

TUESDAY
AUGUST 6, 2019
6 - 8 pm

ATHOL ~ ORANGE ~ PETERSHAM

Masonic Lodge
336 Main Street

Butterfield Park
82 East River Street

On the Common
Main Street / Route 32

A free event for the whole family!
Hotdogs, lemonade, music, games,
K-9s, information, and
much more!

Find us on Facebook ~ www.nqcc.org ~ #nqcc
WE’VE MOVED!

The programs and services will remain the same; they will just be found in a new space conveniently located within the addition on the top floor at Athol Hospital’s Medical Office Building.

Our New Address:

2033 MAIN STREET
LEVEL 2

CSO Wellness Program

Workshop: July 17, 11:00 am—Ticket to Work & WIOA Program Informational Session

Group Schedule:

Mondays
10:00-11:00—Depression Management (begins in Aug.)
11:15-12:15—Yoga for Women (begins in Aug.)
11:00-1:00—Disc Golf at Tully
1:00-2:00—Puzzles and Coloring for Adults
2:00-3:00—Peer Led Substance Use Support Group

Tuesdays
10:00-11:00—Knitting and Crafting
11:00-12:00—Seeking Safety for Women—support group for trauma and substance abuse (begins in Aug.)
12:00-1:00—Book Club
2:00-3:00—Living In Balance with Deb (begins in August)
3:00-4:00—Walking for Wellness

Wednesdays
10:00-11:15—Expressive Arts/Creative Self Expression (begins in Aug.)
2:00-3:00—Early Recovery Support Group

Thursdays
10:00-11:00—Coffee & Games (cards, board games, etc)
11:30-1:30—Kayaking & Canoeing at the Orange Boat House
2:00-3:00pm—Living in Balance (August)
4:00-5:00pm—Crocheting & Knitting

Fridays
10:00-11:00am—Veterans Coffee Hour (begins July 19)
11:00-12:00pm—Paint by Number for Adults
1:00-2:00pm—Chronic Illness Management Support Group (begins July 19)

Good candidates for Wellness Program Referral include folks who want:

- peer support (individual and/or group)
- wellness support (individual and/or group)
- help increasing social support through activities, outreach, and engagement
- more recovery support from substance use, mental health, and/or physical health
- more support filling out applications and connecting to community resources

For more info, contact Amy Softic, MFA, MA, Integrated Services Manager, Wellness Program at Clinical & Support Options, 2033 Main Street, Athol, 978-249-9490 X4081, amy.softic@csoinc.org.
PETERSHAM PARTNERS
petersham.ma.partners@gmail.com

Petersham Partners is a newly formed community program with a mission to help our seniors retain their independence, stay in their homes and remain active within Petersham by providing volunteer support. It is based on the “Village to Village” network model. Currently there are 190 open Village models and approximately 200 developing Villages across the country. For more information on the Village Models please visit: https://www.villagework.org/

The Petersham Partners Steering Committee has been meeting monthly since October 2018 to work on a structure to support this membership based group. To participate either as a volunteer or as a senior receiving support one must become a member, however there is no membership fee. Donations for services will be kindly accepted.

Petersham Partners areas of Priority:
- Transportation: Volunteers who are willing to drive someone to a scheduled appointment.
- Vetted Vendor List: A list of paid service providers who have been identified as reliable by our neighbors.
- Small Jobs: Volunteers who are willing to do small jobs such as changing light bulbs, switching out window screens, cleaning gutters, or light yard work etc.
- Wellness/welfare support: Volunteers who could do in person or phone check-ins for those who request it or possibly do light house hold chores post hospitalizations.

The Steering Committee feels we have worked our way through the exploratory stage and are now in the development stage of our Village model. We understand that we will need to remain fluid as we continue to address the needs of the senior community and develop additional programs of interest to all.

For additional information or to volunteer your time please contact us at:
petersham.ma.partners@gmail.com

Thank you in advance for your interest in helping to make Petersham an increasingly supportive community.

Petersham Partners Steering Committee
Deb Bachrach, Karen Davis, Kathleen Geary, Sandy Page, Lynn Shaw

The Nurturing Program

- A 15 - week Parenting Class for families of children ages 6 and under.
- Breakfast and Lunch are included.
- Children’s activities in separate room.
- Opportunities to learn new and effective parenting techniques.
- Opportunities for parent-child engagement.
- Nurturing environment for the whole family.

Tuesday Mornings
August 27th to December 3rd
9:30 - noon
North Quabbin Patch
and Family Resource Center
189 Lumber St. Unit 5 Athol

To sign up please call
Jennifer: 978-249-8467
2020 Census Seeks Partnerships with Community Organizations

The Census Bureau’s mission is to serve as the leading source of quality data about the nation’s people and economy. The Census Bureau collects information through the decennial census, the American Community Survey, the economic census, and many other surveys. Federal funds, grants, and supports to states, counties, and communities are based on population totals and breakdowns by sex, age, race, and other factors. People in your community use Census Bureau data in all kinds of ways:

- **Residents** use it to support community initiatives involving legislation, quality of life, and consumer advocacy.
- **Businesses** use it to decide where to build factories, offices, and stores creating jobs.
- **Local governments** use it to ensure public safety and plan new schools and hospitals.
- **Real estate developers** and city planners use it to plan new homes and improve neighborhoods.

The once-a-decade population count affects your representation in government, determines how much funding your community receives, and provides data to help you plan for the future. Join them to spread the word about the importance of the 2020 Census and help ensure a complete and accurate count. As a partner, you become part of a powerful network of government, nonprofit, corporate, and community organizations. Together, we can develop solutions to effectively reach everyone and encourage them to respond to the 2020 Census.

**Benefits of a Complete Count**

A complete count of every person living in the United States has tremendous benefits for you and for your stakeholders.

**Census data:**

- Accurately determine how many representatives each state has in Congress and inform the redrawing of congressional district boundaries.
- Are used as the basis for distributing more than $675 billion in federal funds annually to states, counties, and communities to support resources such as schools, hospitals, and fire departments.
- Inform business decisions, policy, community initiatives, and consumer advocacy.

The U.S. Census Bureau works with a broad spectrum of government and community leaders to form Complete Count Committees that educate and motivate residents to participate in the 2020 Census. To learn more about Complete Count Committees, or to start one in your community, visit [census.gov/2020completecount](http://census.gov/2020completecount).

**What it Means to be a 2020 Census Partner**

You can make a difference—no matter how much time you’re able to commit. As trusted voices in the communities they serve, partners are critical to the success of the 2020 Census. These are some of the many ways you can get involved:

- Use Census Bureau tools, information, and messaging in creative ways to increase public participation; for example, share newsletter articles and co-branded products and post on social media.
• Host a workshop to devise possible solutions to 2020 Census challenges in your community and generate commitments to tackle them.
• Provide information to stakeholders about the importance and benefits of participating in the 2020 Census; for example, invite Census Bureau officials to speak to your audience.
• Encourage people in your community to work for the Census Bureau, and share this link with them: 2020census.gov/jobs.

2020 Census Partner Resources

As a 2020 Census partner, not only will you help ensure that the people you work with are accurately represented, but you will also be able to use Census Bureau resources to improve your community. You will have access to personalized Census Bureau workshops on effective use of data, one-on-one support from our data trainers, and Census Bureau data products such as these online tools:

• **QuickFacts:** Find the most frequently requested information at the national, state, county, and city level.
• **Response Outreach Area Mapper:** Access socioeconomic and demographic profiles and learn about hard-to-count areas.
• **Census Business Builder:** Browse a variety of tools to help start or grow a business.

Visit census.gov/data.html to explore more data tools and resources.

**Interested in Partnering with the Census Bureau?**

National organizations interested in partnering with the Census Bureau can contact the 2020 Census Partnership Program at census.partners@census.gov to share ideas about how we can work together to ensure a complete and accurate count. Massachusetts state and local organizations can reach out to their regional census center at 212-882-2130 or new.york.rcc.partnership@2020census.gov.

**Massachusetts Census Bureau Employment Opportunities**

To inquire about Field Representative Testing in your area, send an email with your name, zip code, and phone number(s) to new.york.recruit@census.gov or call 212-584-3495.

**Current Survey Ongoing Opportunities:**

**Field Supervisor** (Massachusetts—Work from Home)
Closing Date: August 9, 2019
Duty Station: Massachusetts: Selected areas

**Field Representative** (NJ, NY, CT, MA—Work from Home)
Closing Date: December 31, 2019
Duty Station: New Jersey, New York, Connecticut, Massachusetts

**Field Representative** (New York Region—Work from Home)
Closing Date: December 31, 2019
Duty Station: Maine, Massachusetts, New Hampshire, New Jersey, New York, Puerto Rico, Rhode Island, Vermont

For information on other opportunities and how to apply, visit https://www.census.gov/about/regions/new-york/jobs/massachusetts.html.
Athol Hospital Annual Golf Classic

The 25th Annual Athol Hospital Golf Classic will be held on Monday, August 19, 2019, at Ellinwood Country Club, 1928 Pleasant Street, Athol. This year's proceeds will help to fund the newly constructed state of the art Athol Hospital Emergency Department (ED) and Medical Office Building (MOB), which has doubled the capacity of the ED, expanding space for primary, specialty care, and behavioral health services on one campus. Again this year, registration will be held starting at 10:30 am with a shotgun start at noon. A complimentary luncheon (and free beverage ticket) will be available for golfers to pick up at the 19th Hole after registration. We ask all golfers to be ready and by their carts at 11:45 am for a special send off. Cocktails will start at 5:30 pm with a special 25th Anniversary Celebration dinner with choice of steak, lobster, or vegetarian option at 6:00 pm. A reservation form for both golfers and sponsors is available at https://www.heywood.org/atholgolf. Reservations for golfers will be accepted on a first-come, first-serve basis through July 19 or until the tournament is filled, whichever comes first.

LifePath
Help a Neighbor Access Vital Healthcare by Becoming a Rides for Health Driver

Sometimes it feels like there is so much to be done to improve our community and world that making even a small step can feel overwhelming. But something as simple as providing a ride to the doctor can make a huge difference in the life of a neighbor, allowing them to stay in their home longer by giving them access to the medical care they need. Become a Rides for Health driver and make a huge difference in the lives of seniors! A free training will take place on July 29 from 1:00 to 5:00 pm at LifePath, 101 Munson Street, Suite 201, Greenfield. Contact Trevor Boeding, Ombudsman and Rides for Health Director, at tboeding@lifepathma.org, 413-773-5555 x2241, or 978-544-2259 x2241. You can also fill out the simple form at https://lifepathma.org/ridesforhealth?view=contact.

Summer Garden Party with the Rainbow Elders

Join the Rainbow Elders on Tuesday, July 23, from 4:30 pm to 7:30 pm for an afternoon gathering. Enjoy a catered meal, meander through the daylily gardens on 15 and a half acres of land, and meet with LGBTIQA friends old and new. Register by July 18 at https://www.eventbrite.com/e/summer-garden-party-with-the-rainbow-elders-registration-63698770738?aff=ebapi or contact Lynne Feldman, Director of Community Services at LifePath: lfeldman@LifePathMA.org, 413-775-5555 x2215, or 978-544-2259 x2215. You will receive a confirmation with directions. Registrants will receive a call or email should the event be rained out. A suggested donation of $10 is appreciated and will be used to cover expenses for this and future Rainbow Elders events. If you can donate more than $10, it will help someone else with fewer resources attend. Any donation amount is welcome. This is a drug-, alcohol-, and fragrance-free event.

Administrative Assistant Position Available

Life Path has a full time opportunity to join a wonderful team. The Administrative Assistant is responsible for providing administrative support and customer service for a busy organization providing services to elders and people with disabilities. Candidates must have excellent communication and interpersonal skills; the ability to successfully multi-task in a changing environment, a good clerical aptitude, excellent computer skills including word processing, spreadsheets, and data entry. Must be attentive to detail and responsive to customer needs. Position is Monday through Friday, 9:00-5:00. Excellent benefits package includes medical, dental, HRA, FSA, vision, pet insurance, company paid HRA, life and short term disability with generous paid time off. Submit cover letter and resume to HR@Lifepathma.org. AA/EOE
Athol Bird & Nature Club Events

Events take place at the Millers River Environmental Center, 100 Main Street, Athol, unless otherwise noted. [www.atholbirdclub.org](http://www.atholbirdclub.org). The Center currently has the “Windows on Main” art exhibit on display outside and the Massachusetts Junior Duck Stamp artwork exhibit inside through July & August.

**July 14, 1:00-4:00 pm: Open House & Program**—Bonnie Benjamin will present a special program on Nature Kids – “Melissa’s Monarch Meadow” - the wonder of monarch butterflies returning at 2:00 pm.

**July 21, 1:00-4:00 pm: Open House & Program**—Chris Coyle will present a program on the construction and use of the famous Hoosac Tunnel in western Massachusetts at 2:00 pm.

**July 28, 1:00-4:00 pm: Open House & Program**—Dianne Salcedo & Joan Duprey will present “Growing Up Wild”, a program developed by Mass Division of Fisheries and Wildlife for children ages 3 to 7, at 2:00 pm.

**July 28 @ 10:00 am: Trees & Other Plants of Rutland Brook Wildlife Sanctuary Field Trip**—Join Nancy Goodman, Naturalist and Plant Conservation Volunteer with New England Wild Flower Society for this botanical exploration of Rutland Brook. Visit the website (above) for details.

**Aug. 4, 1:00-4:00 pm: Open House & Program**—Umass biologists Joan Milam, Aliza Fassler, Kyle Bradford, Nick Dorian, and Max McCarthy will present a program on the magical world of the Montague Plains at 2:00 pm.

**Aug. 11, 1:00-4:00 pm: Open House & Program**—Dave Small will present a program on dragonflies and damselflies at 2:00 pm.

**Aug. 18, 1:00-4:00 pm: Open House & Program**—Joanie MacPhee will present a program on geology with a rock tumbling demonstration at 2:00 pm.

**Aug. 25, 1:00-4:00 pm: Open House & Program**—Bill Stubblefield will present a program on the lives of wasps at 2:00 pm.

Athol Marijuana Establishments Contact List for General and Public Inquiries

The following contact information has been provided to the Town of Athol for general informational release to parties making inquiries concerning employment, charitable giving, or other general requests.

### 1620 Labs (Cultivation)
One Exchange Street, Athol

### Blue Jay Botanicals (Adult Retail)
32 Chestnut Hill Avenue, Athol
Cindy Hartwell | 978-828-7665
cindyhartwell56@gmail.com

### The Botanist (Cultivation)
Rebecca Rutenberg | 610-675-5958
rebecca@vicentesederberg.com

### Elev8 Cannabis (Adult Retail)
243 Main Street, Athol
Jordan | jordan@elev8cannabis.com

### Greenleaf Analytics (Testing Lab)
Keith Bisogno | keith@cereslabs.com

### MassGrow, LLC (Cultivation/Manufacturer)
134 Chestnut Hill Avenue, Athol
Frank Perullo | 617-721-5844
fperullo@awholdings.com
Mission Statement: The North Quabbin Community Coalition is a community-wide alliance committed to improving the quality of life for all those living and working in the North Quabbin since 1984.

North Quabbin Community Coalition
251 Exchange Street, Athol MA 01331
www.nqcc.org

Congressman James P. McGovern’s Local Office Hours in Athol

Congressman James P. McGovern, serving the 2nd Congressional District, Massachusetts, has local office hours at the North Quabbin Community Coalition, 251 Exchange Street, Athol. Staff will be available on the third Friday of every month from 11:00 am to 2:00 pm to meet with you and provide assistance/advocacy with matters pertaining to federal government agencies and to discuss concerns, thoughts or opinions regarding matters pertaining to the federal government. To schedule an appointment or for additional information, please contact Eladia Romero, Regional Manager at 978-466-3552.

North Quabbin Recovery Center
416 Main Street, Athol

Tuesdays
10:00 am to 1:00 pm

Wednesdays & Thursdays
10:00 am to 2:00 pm!

All Recovery Meeting: 11-11:45 am
Friday All Recovery Meeting: 7:30 pm

All Welcome!

The North Quabbin Recovery Center provides a compassionate safe space to offer peer support to allow multiple paths of recovery for all.